

# Millbury Housing Authority

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## *Hello from Housing* *May 2023*

### **Carol's Corner**

Just a reminder...I received a grant to hire a part time Resident Services Coordinator who will work 18 hours weekly to assist tenants with accessing and retaining health services, assisting with social service agencies, provide tenant advocacy, work with resident disputes and act as tenant/staff liaison when necessary, and whatever else a tenant cannot do without assistance. If you, or someone you know is interested, please submit letter or intent or resume by May 15.

Summer is coming!! It'll be so nice to see you gathered in groups talking, laughing and having fun. Just be careful you don't get dragged into the "woe is me, pity party" sung by those who appreciate nothing and complain about everything. People like this need help and understanding, and anything you can do to divert their attention from casual or unrestrained conversation about other people, typically involving details that are not confirmed as being true, will only help them. Stay positive, upbeat, and live a happier life!

Now that we're entering the thunderstorm and lightening season, avoid emergencies with a battery swap. Just like with smoke detectors, checking batteries in often overlooked devices like flashlights, twice yearly ensures the flashlights are in working order all season. I know this sounds simple, but is so important. For those of you who drive, please remember to keep a working flashlight in your car.

## Giggles, Chuckles, and Guffaws

A nurse dies and is greeted in the afterlife by Saint Peter. He tells her there's a policy of allowing people to choose whether they want to spend eternity in Heaven or in Hell, and she can spend a day in each before making a decision. The nurse goes to Hell for the day where she meets many old friends and colleagues in a sunny garden. They take her for an excellent dinner, and she even meets the Devil, who turns out to be pretty decent. Next day she spends a day in Heaven where she sits around on clouds, sings, and plays the harp. When Saint Peter asks what her choice is she says "Well, Heaven was very nice, but I had a better time in Hell, so I'd like to go there please." Her wish is granted and down to Hell she goes. When she gets there, she finds a desolate wasteland covered in filth and her friends dressed in rags, collecting garbage and putting it in sacks. The Devil walks over to greet her and the nurse says, "How could this place change so much in a day. Yesterday it was like paradise." The Devil smiles and says, "Yes, but yesterday we were recruiting- today you're staff."

**Your happiness matters. Always has, always will!**

### Birthday Greetings for the month of May go to

23-May	Barbara King
1-May	Donna Robinson
12-May	Stanley Aurell
23-May	Bruce Lavigne
7-May	Charles Hamilton
25-May	Gary Dwinell
8-May	David Dawson
31-May	Dorothy Woodward
26-May	Willena Fritz

**Wishing all of you April babies a very Happy Birthday!**

**Dreams, wings, promise, everything you need to soar is within you.**

**Shrink some stress. Have some fun!**

**Positive thinking wins! Unfortunately, so does cheating.**

## Hear Ye, Hear Ye, Hear Ye

**Just a reminder...** lock out charge of \$25.00 will begin for a second lock-out, and all further lock-outs, on June 1<sup>st</sup>.

Father Dan Mulcahy will be celebrating Mass in the community room at Centerview once a month on a Monday at 1:00pm. All are welcome, any denomination, any development.

The schedule for the year is as follows:

Monday...May 22	Monday... June 26	Monday... July 24
Monday...August 28	Monday...September 25...	Communion Service

Monday...October 23

Monday...November 27

Monday...December...18

### **Senior Moments**

Reverend William Lisle Bowles, a friend of the Lake Poets, the group that included Coleridge and Wordsworth, was a minor poet himself, but, according to his peers, his most distinguishing characteristic was his forgetfulness. One evening he gave a dinner party for friends only to keep them waiting downstairs. When his wife went up to fetch him, she found him searching everywhere for a sock to put on his bare foot. After joining the search, she discovered that he had put two socks on the other foot while thinking about a new poem.

### **Rita's Recipes**

#### **Chicken 'n' Peppers Tacos**

1 Tbs. olive oil            2 red and/or green peppers, diced    1 small red onion, diced  
3 cups cooked chicken strips    2 Tbs. lime juice    2 Tbs. chopped fresh cilantro  
12 (6oz) flour tortillas, heated    3 cups shredded iceberg lettuce  
¾ cup shredded cheddar cheese

- In skillet, heat oil. Add peppers and onion; cook, stirring, 10 minutes.
- Add chicken and juice, cook, stirring, until heated through, 2 minutes
- Stir in cilantro. Fill tacos with all ingredients.

Great for family get togethers; especially those with teens!

### **Friendship, Friendship, What a Perfect Blendship**

We have 3 new neighbors at 10 Colonial Drive; Michelle Smith, Carol Carlson, and Ann Marie Johnson. I know that all of you at 10 Colonial Drive will make these new residents feel very welcome!

In other apartments at Colonial Drive our new neighbors are Juliette-Marie Somerset, Lynne Lemieux, Brenda Guzzetti. Please welcome your new, and show them what wonderful neighbors you can be.

Centerview also has a new neighbor. Please welcome Tony Mazza, and show him just what the word friends mean.

### **Ever Wonder Why**

Tea merchants began putting tea into little bags? At one time, samples of tea were given to potential customers in tin containers. One merchant, however-a man named Thomas Sullivan--felt that this was being too generous and decided to put his samples into little silk bags. When

people discovered that the bags gave them a convenient way to make a cup of tea without dregs, the bags themselves became in great demand, and thus began the popularity of the tea bag.

### **Strange History**

What's the scariest thing in the world? According to this strange invention from the 1930's, a "skeleton ghost." Called the Criminal Truth Extractor, it was designed to coerce suspects into confessing.

Here's how it was supposed to work: The accused sat in a chair in a small room. An officer in another room asked questions while viewing the suspect through a small window. The wall that separated the rooms looked like a regular wall, but it was extra thin. If the suspect refused to talk, the interrogator would fire up the Truth Extractor. The light went out and the wall lit up with the image of a ghostly skeleton with rapidly blinking eyes. The theory went that the criminal would get so scared that he would confess. How well did it work? Considering how little information there is about the Criminal Truth Extractor, not too well.

**The best time to be happy is always now!**

**We tell ourselves how wonderful things will be when our dreams come true, and that's certainly something to look forward to, but why put yourself on a waiting list for bliss? Every day brings a brand-new supply of reasons to smile. Enjoy!**

**Tap the Magic one more!**

**Take one more step; it's guaranteed to move you forward. Give yourself one more chance; that's how you'll become an even better you. Give a dream one more try; that's how dreams come true. Just one more. It makes all the difference!**